

Pre-operative Assessment Department

This leaflet has been written by the pre-operative assessment team to help answer any questions you may have regarding your appointment

Please note you will not be able to have your surgery without first having had a pre-operative assessment.

The reason you need a Pre-Operative Assessment is to...

- Check we get you as fit and healthy as possible for surgery.
- Ensure you have all the information you need in preparation for your surgery.
- Confirm you want to go ahead with the surgery.
- Avoid you being cancelled on the day due to not being well enough for surgery.

What will happen at your appointment?

- We will ask you lots of health questions including any allergies and previous surgery, it would be helpful if you had this information to hand
- You will tell us all the medications you are taking including any supplements/vitamins (bring them with you for the appointment with your current prescription sheet).
- The nurse will discuss your medications with you and give you relevant advice.
- This is a good time to ask questions and talk about any worries you have.
- We will take your blood pressure and potentially some other tests (please wear loose clothing that is easily removed if needed).
- We will explain what you can eat and drink on the day of surgery.
- We will discuss the need for you to be collected and looked after by a responsible adult for the next 24 hours
- We will discuss your post-operative recovery.

If you are not well leading up to your operation or you no longer feel it's necessary it's important that you call in on 02392 286000 x 4720 to discuss it further.

Other issues that Pre-op assessment team need to know prior to your admission are...

- Any New Medicines prescribed since your Pre-op assessment
- Any emergency admissions to hospital
- Coughs/colds prior to surgery
- Any skin ulcers/grazes/injury/infected insect bites near to your operation site
- Diarrhoea and vomiting
- Recent dental treatment

Failure to do so could result in your operation being cancelled on the day

Specialist Support

This leaflet can be made available in another language, large print or another format. Please speak to the Ward Manager or contact the Health Information Centre, Tel: (023) 9228 6757 who can advise you

Consent - What does this mean?

Before any doctor, nurse or therapist examines or treats you they must have your consent or permission.

Consent ranges from allowing a doctor to take your blood pressure (rolling up your sleeve and presenting your arm is implied consent) to signing a form saying you agree to the treatment or operation.

It is important before giving permission that you understand what you are agreeing to. If you do not understand – ask. More detailed information is available on request.

Information we hold about you and your rights under the Data Protection Act

Please refer to the booklet 'Your Healthcare Information – Your Rights! Our Responsibilities!' for further guidance.

How to comment on your treatment

We aim to provide the best possible service and staff will be happy to answer your questions.

However, if you have any concerns you can also contact the Patient Experience Service on 0800 917 6039 or E-mail: PHT.pals@porthosp.nhs.uk

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