

Consent - What does this mean?

Before any doctor, nurse or therapist examines or treats you they **must** have your **consent** or permission. Consent ranges from allowing a doctor to take your blood pressure (rolling up your sleeve and presenting your arm is implied consent) to signing a form saying you agree to the treatment or operation.

It is important **before** giving permission that you understand what you are agreeing to. **If you do not understand – ask.** More detailed information is available on request.

Data Protection Legislation – Privacy Notice

Further information on how we look after your personal information can be found on the Trust Information Governance webpage at www.porthosp.nhs.uk - or alternatively, please speak to a member of staff.

How to comment on your treatment

We aim to provide the best possible service and if you have a question or a concern about your treatment then the Patient Advice and Liaison Service (PALS) are always happy to try to help you get answers you need. You can contact PALS on **0800 917 6039** or E-mail: **PHT.pals@porthosp.nhs.uk** who will contact the department concerned on your behalf.

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www.porthosp.nhs.uk

Please do not hesitate to contact the department for any further advice, or if you wish to discuss anything concerning your procedure or symptoms.

Further information can be obtained from:

www.corecharity.org.uk

or write to: 3 St Andrews Place, London NW1 4LB

Or Telephone: 020 7486 0341

Advice following your Endoscopic Retrograde Cholangio Pancreatography (ERCP)

Information for Patients



Endoscopy Unit
Queen Alexandra Hospital
(023) 9228 6167

Specialist Support

This leaflet can be made available in another language, large print or another format. Please speak to the Ward Manager who can advise you

Advice following your ERCP

Today you have undergone an examination called an ERCP. It is unusual to suffer any complications from this, but you may experience the following:-

- A sore throat which should return to normal within 24 hours
- Abdominal discomfort or bloating normally settles within a few hours. This is probably due to the air that the Endoscopist put into your stomach during the examination.

Please note:

If the sore throat or abdominal discomfort persists or becomes worse, please phone 023 92 286000 and ask for ext. 5798 between 8 am to 7 pm Monday - Friday. You will be able to talk with an experienced endoscopy nurse.

At all other times please contact your own GP for advice.

If you experience chest pain it is best to be checked over by a doctor. Please contact your GP immediately informing them you have had an endoscopy.

If you have a **Fever or Pain** this might indicate a perforation (tear of the lining of your gut) or pancreatitis (swelling of the pancreas). **Haematemesis** (bringing up blood) or **Maleana** (passing blood in your faeces) may indicate bleeding.

If you experience a fever or the chest pain, discomfort or bleeding is severe you must go straight to your local Emergency Department.

Take this leaflet and the copy of the report with you so that the Emergency Department are aware of the procedure you have had.

You can have normal food and drink after having your ERCP, and we would recommend a light evening meal.

The **sedation** you have received before your examination will make you feel drowsy and may affect your judgement and memory

For a full 24 hours after having the procedures **do not:**

- Drive a vehicle (as your insurance will not cover you)
- Drink alcohol
- Operate machinery (including all kitchen equipment)
- Sign any legally binding agreements
- Return to work

If you have had a general anaesthetic the above restrictions apply for 48 hours.

The Endoscopist who performed your procedure was:

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If you have had a biopsy taken it routinely takes 8 weeks for these results to be processed. If the result is normal, the Endoscopist will not write to you but will send a copy of the result to your GP.

If an urgent result is required, this will be processed faster. The Endoscopist will contact you if the biopsy result requires you to be seen in clinic or if further tests are required.

Your Follow Up is:

- No follow up appointment is needed
- A repeat procedure will be arranged in weeks / months / years and an appointment will be sent out to you.

If you do not receive this within the expected time please contact the department on the telephone number on the front of this booklet.