



**BEACH™ Course**  
**Core content programme**

**Venue:**

**Date:**

| <b>Time</b>                           | <b>Topic</b>  | <b>Facilitator</b> |
|---------------------------------------|---|--------------------|
| 09:00 – 09:10<br>(10 mins)            | Introduction and Housekeeping   |                    |
| 09:10 – 09:55<br>(45 min)             | Setting the Scene including NEWS2 & understanding vital sign physiological parameters |                    |
| 09:55 – 10:10<br>(15 min)             | Airway  |                    |
| <b>10:10 – 10:25</b><br><b>15 min</b> | <b>BREAK</b>  |                    |
| 10:25 – 10:45<br>(20 min)             | Breathing   |                    |
| 10:45 – 11:15<br>(30 min)             | Circulation, Disability Exposure and Family   |                    |
| 11:15 – 12:00<br>(45 min)             | Getting Help and Handover / Communication Tool (SBAR)                                 |                    |
| 12:00 – 12:45<br>(45 min)             | Prioritisation Exercise or Interactive Session  |                    |
| <b>12:45 – 13:00</b><br><b>Finish</b> | <b>Evaluation &amp; Close</b>   |                    |