

Hampshire & West Sussex Carers Support Available for Friends & Families

Wiltshire

Carers Support Wiltshire

www.carersinwiltshire.co.uk

If you care for someone living in Wiltshire then Carers Support Wiltshire, which is funded by Wiltshire City Council and the Wiltshire Clinical Commissioning Group, can offer, completely free

1. Emotional support
2. One-to-one advice
3. Breaks to anyone aged 16 or over who is giving unpaid care to a child or adult in their day to day life
4. Access to free counselling
5. Benefits advice
6. Complementary therapies
7. Support groups
8. Training opportunities.

Spurgeons

www.spurgeonsyc.org/wiltshire

Provision of support for young carers up to 18 years old which includes

1. A range of groups, activities, events and training workshops
2. Residential trips with a chance to speak out for young carers
3. One to one support including counselling
4. Young Carers newsletter every 6 months
5. Special funding for transport .

Wiltshire Parent Carers Council

www.wiltshireparentcarercouncil.co.uk

An independent voluntary organisation that provides a specialist consultation and participation service that enables parents and carers to voice their opinions about the services and support that their families receive.

Family & Friends Care Services Contact Telephone Numbers

Hampshire

Princess Royal Trust

Telephone: 01264 835246

Parent Support Link

Telephone: 02380 399764

Carers Together

Telephone: 01794 519495

Hampshire City Council (for Sitting Services)

Telephone: 0300 555 1386

Hampshire & West Sussex

Crossroads Care South Central

Telephone 01903 790270 (West Sussex)
02392 892016 (Hampshire)

Isle of Wight

Quay Carers

Telephone: 01983 822209 ext:204

Wightcare

Telephone: 01983 821105

First Response Team

Telephone: 07983 814980

Carers IW

Telephone: 01983 533173

Wiltshire

Carers Support Wiltshire

Telephone: 0800 181 4118 or 01380 871690

Spurgeons

Telephone: 01225 701820

Wiltshire Parent Carers Council

Telephone: 01225 764647

Referral Process

Self or Professional referrals may be required; contact the relevant organisation for more information.

Portsmouth Hospitals 
NHS Trust

NHS Wessex Kidney Centre Family & Friends Care Service Information

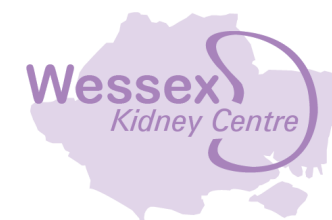
All Carers now have statutory rights under the Carer Act 2014 and your Local Authority has a responsibility to assess a Carer's support needs when the needs have been brought to their attention. If you are a Carer and wish to be assessed please contact your Local Authority for a Carer Self Assessment form.

If you are caring for someone in the Portsmouth area (PO1 – PO6) then you can find support from

The Carers Centre
117 Orchard Road
Southsea
PO4 0AD

Tel 023 9275 6780 or 023 9285 1864

However, if you are caring for someone outside of the Portsmouth area then there are several organisations, as detailed in this leaflet, which are able to offer you support.



Delivering Excellence in Kidney Care

Hampshire & West Sussex Carers Support Available for Friends & Families

Hampshire

Parent Support Link

www.parentsupportlink.org.uk

Email: psl@parentsupportlink.org.uk

Support Service for Carers for someone who uses drugs/alcohol and live in the Hampshire area. This Service can provide support with:

1. Information & guidance
2. Emotional support
3. Chance to find out what other help is available
4. Confidentially
5. Secure space to say how you feel
6. Drugs information
7. Complimentary therapies
8. A non-judgemental listening policy
9. A link with others.

Open Hours: 24 Hour Helpline

Carers Together

www.carerstogether.org.uk

Email: admin@carerstogether.org.uk

A Charity run support that provides support to unpaid Carers who are caring for someone living in Hampshire. The Charity can provide support with:

1. Information & advice
 2. Advocacy & guidance
 3. Group support.
 4. Take a break. This is a Sitting service style support that is **chargeable**.
 5. Carers GP registration support.
 6. CAPE - Clear Action Planning for Emergencies.
 7. Welfare & benefits advice service.
- Open hours: 9am to 11pm 7 days week

Hampshire

Princess Royal Trust

www.carers.org/local-service/winchester

Email: info@carercentre.com

A Charity (commissioned by Hampshire City Council) to provide support to Carers caring for someone that lives in the Hampshire area; support comes in the form of:

1. Information and advice; advocacy and guidance and group support
2. Liaison with statutory bodies; free counselling and a 24 hours listening ear service
3. Emergency planning for carers which, if appropriate, will provide free 48 hours of support to the patient if the Carer has an emergency
4. A **chargeable** Sitting Service.

West Sussex & Hampshire

Crossroads Care South Central

www.crossroadscare-sc.org

Email: admin@crossroadscare-sc.org

Charity that support Carers who are caring for someone who lives in the West Sussex area; some areas of Hampshire are also covered. Support comes in the form of:

1. Information & advice, Advocacy & guidance and Counselling
2. Parent carers support service, Telephone call back and Young carers support
3. Emergency respite care which will provide free up to 48 hours of support to the patient if the Carer has an emergency
4. A **chargeable** Sitting Service, with a reduced rate of £7 per hour if under the financial threshold.
5. Support for emotional wellbeing and relaxation.

Isle of Wight

www.iwight.com/services/default.aspx

Carers support in the Isle of Wight is provided by numerous agencies but you can access the following support from:

First Response Team

Support with Carers' self assessments; sitting services and crisis support

Wightcare

Provide a Carers emergency adult card (Planning for the 'Cared for' when something happens to you.) Also provide support with Telecare services

Quay Carers

Provide support with Information and advice, signposting, emotional support, carers groups, events and respite weekends.

Carers IW

www.carersiw.org.uk

Email carersiw@btconnect.com

A charity that accepts self or professionals referrals which provides

1. Respite weekends for carers
2. One to one support & Carers support groups
3. Newsletter, Ring round service.

Dorset

Dorset Carers Hub

www.dorsetforyou.com/carers

The Dorset Carers Hub provides the latest information and news relating to Carers of someone living in Dorset. Support offered by the Carers Link include:

1. A confidential listening ear service
2. Signposting to other organisations
3. Access all entitled benefits
4. Access to support groups
5. Linking in with GP practises
6. Carers information and training courses