

## **Antenatal Breastfeeding Workshop 2018**

Please book onto one of the dates below to help you make an informed decision by offering realistic information and advice, all welcome.

Held in the Parentcraft Room

B level, Queen Alexandra Hospital

For further information and to book onto one of these sessions please contact

Hayley Nelson, Infant Feeding Specialist and Lactation Consultant

**023 92 286000 ext 4530 or 07798 925 529**

### Dates for 2018

Thursday 4th January 2pm to 3.30 pm

Thursday 1st February 2pm to 3.30pm

Thursday 1st March 2pm to 3.30pm

Thursday 29<sup>th</sup> March 2pm to 3.30pm

Thursday 3rd May 2pm to 3.30 pm

Tuesday 7th June 2pm to 3.30 pm

Thursday 5th July 2pm to 3.30 pm

Thursday 6th September 2pm to 3.30 pm

Thursday 4th October 2pm to 3.30 pm

Thursday 1st November 2pm to 3.30pm

Thursday 6th December 2pm to 3.30 pm