



Portsmouth Hospitals

NHS Trust

Freedom of Information Team
Room 1.16
De La Court House
Queen Alexandra Hospital
Southwick Hill Road
Portsmouth
Hampshire
PO6 3LY

Tel: 023 9228 6000 Ext 3708

Name:

Date: 01/08/2019

Ref: 19-20 221

Dear

Freedom of Information request

Thank you for your request for information under the Freedom of Information Act 2000, which was received by our Freedom of Information team on 19/07/2019. You have requested the following:

- 1. Does your organisation provide mental health services as part of the Improving Access to Psychological Therapies (IAPT) programme**
- 2. If so, can you provide information as to what services you provide as a 'first treatment'. Does this for example, include group therapy sessions, telephone appointments, face to face appointments with counsellors, or self-guided online tools or workbooks. Please list all forms of 'first treatment' types your IAPT service provides.**
- 3. For all types of 'first treatment' provided as part of your service, please the number of appointments that took place in 2018/19 of each type.**

Portsmouth Hospitals NHS Trust does not provide any IAPT Services. These services are supplied by Solent NHS Trust and Southern Health NHS Foundation Trust.

To help you find the information you are requesting we have listed below the contact details for both of these Trusts for ease of reference.

Solent NHS Trust:

FreedomOfInformation@solent.nhs.uk

Southern Health NHS Foudation Trust:

freedom.information@southernhealth.nhs.uk

Please accept this letter as completion of your request. Please note that copies of this request will be held on file for three years before being confidentially destroyed.

If you are dissatisfied with the outcome of your request, please contact our Head of Information Governance on Information.Governance@porthosp.nhs.uk or write to the above address and we will conduct an internal review. Upon review, if you are still dissatisfied, you may appeal our decision by contacting the Information Commissioner's Office; for more information please visit the [ICO's website](http://ico.org.uk).

Please be aware, if we do not receive an appeal within 30 days of you receiving this letter, we will assume that you are satisfied with our response. If you have any further queries, please do not hesitate to contact us.

Yours sincerely

Freedom of Information Team