



Freedom of Information Team  
De La Court House  
Queen Alexandra Hospital  
Southwick Hill Road  
Portsmouth  
Hampshire  
PO6 3LY

Name:  
Email:  
Date: 10/07/2023  
Ref: 23-24 163

Dear

**RE: Freedom of Information request**

Thank you for your request for information under the Freedom of Information Act 2000, which was received by the Trust on 14/06/2023. Please see responses to your requests below.

**I would like to access all meeting minutes relating to a maternity pilot project to offer aromatherapy and acupuncture for postdates pregnancy please?**

Please see the attachments to this letter.

**I would also like to know how the project is being funded please. Which institution is funding the project? Or which budget is the money coming from? To what level of investment and for how long please?**

The trust is not paying for this project. The midwives who were originally trained (but not yet practising – see above) used their allocated CPD (Continuing Professional Development) budget as they wanted to learn more about the subject, as an increasing number of women and birthing people are interested in using the techniques.

Please accept this letter as completion of your request. Please note that copies of this request will be held on file for three years before being confidentially destroyed.

If you are dissatisfied with the outcome of your request, please contact our Head of Information Governance on [Information.Governance@porthosp.nhs.uk](mailto:Information.Governance@porthosp.nhs.uk) or write to the above address and we will conduct an internal review. Upon review, if you are still dissatisfied, you may appeal our decision by contacting the Information Commissioner's Office; for more information, please visit the [ICO's website](#).

Please be aware, if we do not receive an appeal within 30 days of you receiving this letter, we will assume that you are satisfied with our response. If you have any further queries, please do not hesitate to contact us.

Yours sincerely

Freedom of Information Team



Joint Obstetrics & Anaesthetic CGM Parentcraft Room, B  
Level (opposite Labour Ward Entrance)/Anaesthetics  
Seminar Room (and remotely) Thursday 8<sup>th</sup> June,  
2023 - 13.30pm – 17:30pm

12:00 – 13:00	Glideslope updates and Lunch Verathon Medical	Anaesthetics Seminar Room then move to the Parentcraft Room
13:30 – 14:30	Names removed in line with GDPR	Names removed in line with GDPR
14:30 – 14:45	Coffee	
14:45 – 16:30	Presentations: Maternal assist caesarean sections  Nitrous oxide cracking  High flow nasal oxygenation in maternity theatres  Complementary therapies in maternity  An update on the enhanced recovery for elective caesarean guidelines	Names removed in line with GDPR

<b>16:35 – 17:30</b>	Departmental Meeting	Anaesthetics Seminar Room
--------------------------	----------------------	---------------------------

Chair: Melloney Poole OBE Chief Executive: Penny Emerit  
Portsmouth Hospitals University NHS Trust, Trust HQ, Queen Alexandra Hospital, Southwick Hill Road, Cosham,  
PO6 3LY  
Registered charity number: 1047986

## Minutes initial meeting (email)

24th April 2023

Present: Names removed in line with GDPR

Welcome and Introductions made.

Background: Following feedback from other organisations barriers to implementation were shared and included limited staff time dedicated to implementation, lack of experience with policy writing. To address this Expectancy has introduced packages to overcome barriers. The team discussed the opportunity for Portsmouth becoming a pilot Trust for Expectancy's governance framework to support the safe and effective implementation of aromatherapy into NHS practice and to test structures to ensure they meet the aims and service need.

The package includes full training of staff; draft clinical guidelines, full implementation service – support visits, audit, continuing professional development – “implementation in a box”

We are delighted that the trust has agreed to act as Expectancy's pilot Trust and thank you in advance for your participation. It has also been mutually agreed to include postdates pregnancy training and service set-up alongside aromatherapy to support a possible reduction in the local rates of Induction of labour.

Timeframe: To move at pace with implementing the pilot scheme and aromatherapy services by August to ensure staff engagement is maintained and skills are consolidated, to aid the success and longevity of the complementary therapy services.

Plan and actions:

- ██████ to arrange with ██████ the dates for initial aromatherapy training as soon as possible and to confirm a list of staff previously trained in 2019 so that refresher and new training needs can be identified.
- Expectancy to finalise Guideline and share with the Trust, this can then be agreed through local process of ratification.
- ██████ to liaise with ██████ regarding attendance at consultant meeting (? Thursday 8th June), to discuss research and statistics to support aromatherapy use in clinical practice.
- Communication will be made initially via ██████ but regular meetings will be scheduled with the wider group to share feedback, discuss any additional needs, updates and to measure the progress of implementation.
- Future meetings can be scheduled by ██████ or Trust team so Teams platform can be used as an alternative to zoom.