



Freedom of Information Request Aquatic Physiotherapy (Hydrotherapy) Provision in the United Kingdom

ACCESS TO AQUATIC PHYSIOTHERAPY

1. On behalf of which NHS Trust / Health Board are you responding?

Portsmouth Hospitals University NHS Trust

2. Does your Trust / Health Board have access to a hydrotherapy pool?

- Yes
 No
 Not anymore

There is a Hydrotherapy pool on Trust site but the Trust does not have a hydrotherapy department, this is run by Solent NHS Trust so the Trust would have to refer patients to Solent NHS for use of the pool.

3. If you do have access are your hydrotherapy pools onsite or offsite? (Tick all that apply)

- Onsite
 Offsite (NHS Facility)
 Offsite (Non NHS Facility)

There is a Hydrotherapy pool on Trust site but the Trust does not have a hydrotherapy department, this is run by Solent NHS Trust so the Trust would have to refer patients to Solent NHS for use of the pool.

4. Were all your hydrotherapy pools open prior to the COVID-19 pandemic?

- Yes
 No

5. If you do not have access to hydrotherapy pools, please tick all answers that apply to answer why that is.

- Closed Due to COVID-19
- Lack of funds
- Insufficient space
- No local pool available
- Not enough adequately trained staff
- Lack of appropriate local patient population
- Other (please specify)

Not applicable

6. How many hydrotherapy pools exist on your NHS Trust / Board's estate? Include those closed prior to COVID-19.

One

7. What are your closed hydrotherapy pools / departments now used for?

Not applicable

REOPENING OF HYDROTHERAPY POOLS

8. Will all your hydrotherapy pools be re-opening?

- Yes, they are already open
- Yes, there are plans to reopen
- No
- Not sure / don't know

Not applicable

9. When are your hydrotherapy pools scheduled to re-open?

- Within 3 months
- Within 6 months
- Within 9 months
- Within 12 months
- Other (please specify)

Not applicable

10. If your hydrotherapy pools are not scheduled to reopen, why is that? *(Please select all that apply)*

- Changing area capacity
- Staffing to clean
- Access to pool
- Staff still redeployed
- Other (please specify)

Not applicable

11. If your hydrotherapy pools are not scheduled to reopen, has a full public consultation taken place?

- Yes
- No

12. If your hydrotherapy pools are not scheduled to reopen has an equality impact assessment taken place?

- Yes
- No

OPERATING HYDROTHERAPY POOLS

13. If your hydrotherapy pools are open or scheduled to open is / will your aquatic physiotherapy (hydrotherapy) service capacity be reduced as a result of COVID-19?

- Yes
- No

14. What capacity are / will you be able to offer compared to pre pandemic?
Please enter a percentage (%).

Not applicable

15. Is / will your service be provided on a 1:1 basis?

- Yes,
- No we can take more than 1 patient in the pool at a time.

16. Is / will your service be provided with the therapist instructing from poolside

- Yes,
- No our therapist is able to treat from within the pool

17. Approximately how many sessions did you have access to your hydrotherapy pools on a weekly basis pre pandemic? (Where one session = one morning, afternoon or evening clinic)

Not applicable

18. Approximately how many sessions do you currently have access to your hydrotherapy pools on a weekly basis?

Not applicable

19. Which services use your hydrotherapy pools?

- Rheumatology
- MSK
- Orthopaedics
- Neurology
- Paediatrics
- Other (please specify)

Not applicable

20. Are your hydrotherapy pools used by inpatient or outpatient services?

- Inpatients only
- Outpatients only
- Both inpatients and outpatients

21. Prior to the pandemic did you provide out of hours access to your hydrotherapy pools to patient groups or private groups? e.g. NASS, Private Clinics (Please provide a list)

- Yes
- No

Not applicable

22. Have these sessions restarted? (Please provide a list of those which have restarted)

- Yes
- No

Not applicable

23. Do you currently audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

- Yes
- No

24. Please list outcome measures or tools used to audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

Not applicable

25. If you are happy to be contacted for further information to support aquatic physiotherapy (hydrotherapy) services remobilise please provide an email address below.

Not applicable

Thank you