



Freedom of Information Team
De La Court House
Queen Alexandra Hospital
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PO6 3LY

Date: 25/10/2021

Ref: 21-22 355

Freedom of Information request

Thank you for your request for information under the Freedom of Information Act 2000, which was received by the Trust on 14/10/2021. Please see responses to your requests below.

1. Does the NHS Trust authorise the use of any kind of mechanical restraint?

The Trust does not authorise use of mechanical restraint.

2. What types of Mechanical Restraint is authorised? e.g. Handcuffs; Soft Cuffs; Velcro Leg restraints; Emergency Response Belts (ERB). Spit hoods.

Please see answer in question 1.

3. Is the necessary training to apply the authorised form of mechanical restraint linked to a nationally recognised training qualification?

Please see answer in question 1.

4. Does the NHS Trust authorise the use of Posey Mitts, if a risk assessment deems them to be a reasonable and proportionate response?

The Trust does authorise the use of mitts when a risk assessment indicates usage

5. Total number of recorded incidents of mechanical restraint usage (of any type) if in use for the period September 2020 -September 2021.

Within the above time period stated there has been one incident reported linked to the use of mitts.

Please accept this letter as completion of your request. Please note that copies of this request will be held on file for three years before being confidentially destroyed.

If you are dissatisfied with the outcome of your request, please contact our Head of Information Governance on Information.Governance@porthosp.nhs.uk or write to the above address and we will conduct an internal review. Upon review, if you are still dissatisfied, you may appeal our decision by contacting the Information Commissioner's Office; for more information, please visit the [ICO's website](#).

Please be aware, if we do not receive an appeal within 30 days of you receiving this letter, we will assume that you are satisfied with our response. If you have any further queries, please do not hesitate to contact us.

Yours sincerely

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