Other information

Please contact the team for any further detail about information on this leaflet or if you want any advice about Mental Health issues.

OTHER USEFUL TELEPHONE NUMBERS OUT OF HOURS (Adult Mental Health)

Portsmouth Crisis Team: 02392683400
Fareham and Gosport crisis team 01489 483038
Havant and Petersfield crisis team 023 92 682858

Continuous professional development

The Mental Health Liaison Team welcome staff from Portsmouth Hospitals Trust, paramedic, nursing and medical students to spend a day with the team to become familiar with the assessment process and to gain a greater understanding and insight into why people self harm and an understanding about how Mental Health and social circumstances can impact on people’s lives.

To arrange a visit call x 5930.

The team can also deliver presentations about the MHLT function, an introduction to self harm, and how the team’s role works alongside that of PHT staff and interlinks with all the local mental health services.

Presentations can also be given as part of staff induction and CPD about mental health in general and an introduction to the PHT risk assessment protocol.
Vision Statement and Philosophy
The service was developed to address the needs of people aged 16 years and over who present to the emergency department with self-harm or acute mental health problems and to support Portsmouth Hospitals Trust in dealing with mental health issues. The service aims to ensure anyone with a mental health problem can access services appropriate to meet their needs, whilst attempting to identify and reduce the risk / likelihood of further self-harm or suicide.

Eligibility Criteria
The service offers assessments to people aged 16 years and over who present to the Emergency Department with self-harm or acute mental health problems.

The service offers assessments to people aged 16 and over who have been admitted to any of the general hospital wards or departments as a result of self-harm.

NB: The team is unable to see people who are over 65 years, and whose GP is outside of Portsmouth City Primary Care Trust catchment area, but will provide advice and signposting to the appropriate service.

All medical causes of presenting problems should be eliminated, prior to assessment.

How to refer?
Contact the team on ex 5930, if a practitioner is not available to speak to you, leave a message on the answer phone and we will get back to you as soon as we can.

The following information is required when making a referral:
- The patient’s full name
- Date Of Birth
- Current address and phone number
- GP if known
- Completed risk screening assessment as per Portsmouth Hospitals Trust risk management protocol. **TAG** (this will help inform risk management for PHT staff and with prioritisation of assessment for the team).

**NB** The duration for completing the assessment, all relevant paperwork and outcomes varies from person to person dependent on the situation. On average each case can take up to 2 hours to complete and for more complex cases this can take considerably longer.

The team will keep PHT staff up to date with the progress of each case.

Please note that a new assessment will not be started after 22.00 hours, however a member of the team will be available for information and advice until 23.30 hours.

Prioritisation of assessments will be based on ‘clinical risk’.

Any available information, in addition to the risk screening assessment (TAG) will help inform the order of priority for assessments.

If you have any doubts about who to contact regarding mental health issues

During the hours of 10.00 hours and 23.30 hours contact the Mental Health Liaison Team for all mental health queries on:

**Ex. 5930**

Outside of these hours contact the front hall at St James Hospital on:

023 92 894419