

AWARE™

AWARENESS WHY ANTICIPATING AND RESPONDING IS ESSENTIAL

The AWARE™ course aims to provide a clinically specific development programme for HCA's to improve recognition and management of the deteriorating patient through exploring roles and responsibilities, and developing underpinning knowledge and skills. It focuses on integrating basic skills with the overall role of the HCA, is linked to specific practice based competencies and aims to develop skills and knowledge that underpin competent performance.

It links to changes in work force demographics, increasing the effectiveness of workforce to enhance patient safety and promote high quality nursing care.

Learning objectives:

- Demonstrate understanding of principles and correct technique when monitoring physical observations
- Recognise and respond to physiological signs of deterioration in patients condition
- Discuss use of 'track & trigger' systems, and the importance of accurate record keeping
- Explore strategies for effective communication
- Recognise key emergency equipment

Programme content includes:

- Accountability of the HCA
- Monitoring physiological observations
- Understanding blood glucose monitoring
- Fluid and hydration
- Recordkeeping
- Importance of 'Track and Trigger' systems
- Effective communication
- Responding effectively in emergency situations

AWARE™ is supported by:

- **Workbook**
 - supports participation in class activities
 - supports learning activities in practice
 - can link to local competency frameworks
 - action plan for learning
- Practice based supervisor – locally arranged
- Monthly blood pressure workshops to provide additional coaching and opportunity for practicing skill – locally arranged
- Teaching manual for instructors

