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<td>0900 – 0930</td>
<td>Registration &amp; Coffee</td>
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| **Session 1** | **Research & Innovation:** Past & Future  
**Chair:** Peter Mellor, Director of Corporate Affairs & Business Development |
| 0930 – 0935 | Housekeeping:  
PETA Staff Member                                      |
| 0935 – 0945 | Welcome:  
Ursula Ward, Chief Executive Officer, PHT                            |
| 0945 – 1000 | Research in PHT:  
Successes in the past 12 months; plans for future  
Dr Greta Westwood, Deputy Director of Research & Innovation            |
| 1000 – 1020 | Improving the health of the local population – the public health research agenda:  
Dr Janet Maxwell, Director of Public Health, Portsmouth City Council  |
| 1020 – 1040 | ‘Research and Collaboration’ at UoP:  
Dr Chris Markham, Director of Research, Portsmouth University           |
| 1040 – 1110 | **100K Genome Project:**  
Dr Tom Fowler, Director of Public Health for Genomics England          |
<p>| 1110 – 1145 | Refreshment Break and Poster Review                                    |</p>
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| 1145 – 1200 | **Our Researchers:**  
**Chair:** Richard Aspinall, Consultant Hepatologist  
**E-CAP Study:**  
Pradeep Bhandari (CI), Rupam Bhattacharyya (Research Fellow), Lisa Gadeke and Jennifer Hale (Research Nurses) |
| 1200 – 1215 | **Respiratory Research... Novel approaches:**  
Professor Anoop Chauhan, Consultant Respiratory Physician |
| 1215 – 1225 | **The road to Speciality Group Lead:**  
Dr Robert Lewis, Consultant Nephrologist |
| 1225 – 1240 | **Clinical Safety and Outcomes Research Group:**  
Dr Greta Westwood, On behalf of the group |
| 1240 – 1300 | **Abstract Presentations - 4 x 4 mins presentations:**  
1. Pharmacy Collaborative Working – Nisa Khan  
2. Ovarian Cancer – Robert Woolas  
3. SENSOR – Claire Roberts  
4. NICEVIS – Peter Basford |
<p>| 1310 – 1410 | Lunch and networking |</p>
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| **1410 – 1450** | **Achieving good to great**  
**Chair:** Dr Chris Moore, Consultant Clinical Neurophysiologist & Honorary Lecturer, University of Portsmouth  
Why we are here:  
Ashley Brooks, National Patient Champion |
| **1450 – 1510** | **The Big Debate:**  
This house believes the annual hospital review is vital to staff moral  
Dr Robert Lewis, Consultant Nephrologist  
Vs  
Mr Peter Mellor, Director of Corporate Affairs & Business Development |
| **1510 – 1540** | **Awards: Nominees & Winners:**  
• Top Recruiter of the Year: Observational Studies  
• Top Recruiter of the Year: Interventional Studies  
• Research Commercial Trial Success Award  
• The Director’s Research Merit Award  
• Spoken Abstract Presentation  
• Poster Winner |
| **1540 – 1600** | **Closing Remarks & Group Photo Session:**  
Professor Anoop Chauhan |
Session 1
Research & Innovation: Past & Future

Chair

**Peter Mellor**
Director of Corporate Affairs & Business Development

Peter is the Director of Corporate Affairs and Business Development at Portsmouth Hospitals NHS Trust. Prior to that he was a Non-Executive Director, and the Deputy Chairman at the Trust for 10 years.

He was previously a local businessman owning a number of companies. He has also been a Portsmouth Magistrate for 27 years.
Speakers

Ursula Ward
Chief Executive, Portsmouth Hospitals NHS Trust

I am Chief Executive for Portsmouth Hospitals NHS Trust, which you will probably know better as Queen Alexandra Hospital in Cosham. I have a clinical background, primarily in cardiology and cancer care.

I also have a strong background in research and development and spent a number of years in general management. I joined the hospital in 1999 as the Director of Nursing and Midwifery, then became Deputy Chief Executive in 2002 and was then appointed as Chief Executive in 2004.

My responsibilities include leading, developing and delivering the organisation’s strategy and objectives, ensuring that the health needs of the population are met.

I live locally and have three children, and two grandchildren.
Dr Greta Westwood  
Deputy Director of Research & Innovation, Portsmouth Hospitals NHS Trust

I am Deputy Director of Research at Portsmouth Hospitals NHS Trust and Clinical Academic Co-coordinator, University of Southampton and Director of Training for the CLAHRC Wessex. I also am Chair of the Portsmouth Clinical Outcomes Research Group which was founded in 2012.

I qualified as a nurse in 1983 and a midwife in 1987. I completed an MSc in Health Psychology in 1996 and PhD in Nursing in 2010. I was one of the first genetic counsellors for the Wessex Clinical Genetics Service from 1987-2007. I held a joint Clinical Academic post with the University of Southampton from 2000-2005. From 2008-2012 I established and then led the NIHR Hampshire and the Isle of Wight Comprehensive Local Research Network (now CRN: Wessex).

Research Interests
Understanding the impact of the recovery pathways for alcohol dependent patients across the life course.
Speakers

Dr Janet Maxwell
Director of Public Health, Portsmouth City Council

I joined Portsmouth City Council as Director of Public Health last year having worked previously in Bristol and Berkshire. Before training in Public Health in the South West I worked as a GP partner in Oxfordshire for fifteen years.

Now that the responsibility for public health has returned to the local authority there are opportunities for making a real difference to improving health outcomes of the population working alongside colleagues to help influence the wider determinants of health.

This is particularly important in Portsmouth where poor health outcomes are associated with unemployment, social deprivation, poor educational achievement, poor housing conditions and an urban environment which is often not conducive to good health in terms of traffic congestion, high population density and limited green space and access to healthy food.

The Health and Social Care Act now enables us to work in a more integrated way as a whole system to address health issues and the national NHS and Public Health England strategies are both promoting the importance of prevention.

Our research agenda needs to reflect these opportunities and we are already seeing good collaborative work developing around the main causes of poor quality of life and preventable mortality including cancer, cardiovascular, respiratory, and metabolic causes such as diabetes and liver disease. I am keen that we build on this work to provide the evidence base to use our limited resources more wisely and effectively to improve the life chances of the people of Portsmouth and surrounding areas.
Dr Chris Markham  
Director of Research, University of Portsmouth

Chris is currently the Interim Head of the School of Health Sciences and Social Work (SHSSW) at the University of Portsmouth and is the University of Portsmouth Lead for the National Institute of Health Research Design Service South Central (RDS SC).

SHSSW provides a range of under and postgraduate programmes, particularly within the fields of Allied Health Professionals and Social Care. SHSSW also hosts and collaborates on a range of research programmes within the Health Service and wider Global Health arenas, much of which is of an international standing. The RDS SC is a service providing researchers in Health and Social Care with support in developing competitive grant applications and carries out a significant amount of its work within Portsmouth Hospitals NHS Trust.

Chris’ own clinical background is within speech and language therapy and he has conducted and published funded research within this area and the wider field of Public Health. Chris’ primary research interest is in children and young people’s communication needs and he is currently continuing to work on further validation, of a Quality of Life measure for this group. Chris is also collaborating and supervising Doctoral studies evaluating interventions for children with speech and language needs, feasibility studies in Speech and Language Therapy with older people and physiotherapy for people with Parkinson’s disease and stroke.
Speakers

Dr Tom Fowler
Director of Public Health for Genomics England

Dr Tom Fowler is Genomic England’s Director of Public Health, working to support the science stream around rare diseases, infectious diseases and cancer. In particular, he has led the rare disease pilot phase of the Project. He also coordinates the Project’s infectious disease strand, which is led primarily by Public Health England.

Following a PhD in Behavioural Genetics in 2003, his career began as a Specialist Registrar in Public Health, working in the NHS. He has worked in both commissioning and specialised commissioning as well as roles such as regional epidemiologist and health protection consultant. As a locum Public Health consultant at the Chief Medical Officer’s Private Office in 2011-2013, Tom was editor-in-chief of the ‘Annual State of the Public's Health’ (Vol. I), a comprehensive review of health data for England. Tom continues to work with the Chief Medical Officer of England on thought leadership around public health, including wellbeing and antimicrobial resistance.

Tom is also active in the public health genomics community and was a member of the Public Health Genomics European Network (PHGEN) meeting that led to the Declaration of Rome 2012 summary of the European Best Practice Guidelines for Quality Assurance, Provision and Use of Genome-based Information and Technologies. He is also an Honorary Research Fellow in Public Health at the University of Birmingham.
Dr Richard Aspinall is a Consultant Hepatologist at Portsmouth Hospitals Trust and is also the NIHR Wessex CRN specialty lead for Hepatology. He qualified in 1992 and trained in gastroenterology and hepatology in Liverpool, Sheffield, Cambridge and London.

He was Lecturer at the Royal Postgraduate Medical School, Hammersmith Hospital and undertook a PhD in Immunology at Imperial College, London.

In 2004, he was appointed Associate Hepatologist at Scripps Clinic Liver Center in San Diego, California. He was subsequently Consultant Hepatologist at the University Hospital of Wales in Cardiff before moving to his current post in Portsmouth in 2010 with the remit of developing services for people with liver disorders.

His clinical and research interests include liver failure, viral hepatitis, alcohol misuse and complications of cirrhosis. He has published numerous research papers and is co-author of an award-winning textbook of Gastroenterology & Liver Disease.
Speakers

Pradeep Bhandari MBBS, MD, MRCP
Consultant Gastroenterologist &
Professor of Gastrointestinal Endoscopy,
Portsmouth Hospitals NHS Trust

Pradeep Bhandari is a gastroenterologist who leads the early gastrointestinal cancer services at PHT. His initial research was related to the role of cyclooxygenase in upper gastrointestinal inflammation and cancer. In 2004, he went to the National Cancer Center in Tokyo on a visiting fellowship and trained in the principles of early cancer diagnosis and endoscopic resection of superficial neoplasia.

He was appointed as a Consultant Gastroenterologist in Portsmouth in 2005. He developed an early cancer service providing advanced endoscopic diagnosis and resection for upper and lower gastrointestinal neoplasia. This service provides the basis for various research projects and advanced training program apart from providing a tertiary referral service for the UK.

Dr Bhandari was appointed as a Professor of Gastrointestinal Endoscopy in 2012 and heads Gastroenterology research at The Solent Centre for digestive diseases in Portsmouth. His research focus has been around the use of acetic acid in diagnosis of Barrett’s neoplasia, cost-effectiveness of endoscopic interventions, advanced endoscopic resections and endoscopic outcome predictors.

He was awarded the Hopkins Endoscopy prize by the British Society of Gastroenterology in 2013 and has twice received the ASGE crystal award for his endoscopic work. He sits on to the BSG Endoscopy and research Committee and is a specialist advisor to NICE. He is a member of BSG, ESGE and ASGE.

Dr Bhandari has authored and Co-authored several peer reviewed publications, Guidelines, Cochrane reviews and Book chapters. He has lectured at various National and International meetings. He enjoys watching football and playing Cricket and racquet sports.
Dr, Rupam Bhattacharyya
Gastroenterology Registrar

Dr. Rupam Bhattacharyya is a gastroenterology registrar in training in the Wessex deanery. Since October 2012, he has been doing research in gastrointestinal endoscopy with Prof. Pradeep Bhandari. He is registered with Portsmouth university for a research MD. His research project is titled ‘Improving neoplasia detection in the GI tract and evaluating the outcomes of neoplasia treated endoscopically’.

He has published 2 full papers in international endoscopy journals and given numerous oral and poster presentations at national and international gastroenterology conferences – the British Society of Gastroenterology (BSG), Digestive Diseases Week (USA) and united European Gastroenterology Week (UEGW).

He has authored and is currently coordinating recruitment to the E-CAP study; which is a single centre randomised controlled trial that has been adopted on to the NIHR research portfolio. This study has to date recruited 320 of the target of 534 patients. The aim of the study is to see if using a novel cap (the Endo-cuff) on a colonoscope improves polyp detection during bowel cancer screening colonoscopy.
Speakers

Jennifer Hale RN. BSc (Hons)
Endoscopy Staff Nurse/Research Nurse, Portsmouth Hospitals NHS Trust

Jennifer has been employed as a registered nurse since 1989. Working as a Junior Sister in general medicine and acute medical admission wards in Oxford, North London and Reading.

In 2002, after getting married Jennifer moved to Portsmouth, and started working at The Queen Alexandra Hospital. She initially worked on M.A.U, followed by gastroenterology. Jennifer then moved to the Endoscopy dept. in 2006 following the birth of her first daughter. (Jennifer now has 3 daughters).

In September, the research dept. in Endoscopy was looking for a staff nurse to assist with the running of the E-CAP study. Jennifer was delighted to have the opportunity and completed her GCP and Valid informed consent training.

Jennifer now works part-time in Endoscopy and part-time with the research team. The E-cap trial has now recruited 320 patients, and aims to reach 534 by the end of August 2015. Jennifer hopes to be able to continue recruiting for other studies when this one has finished.
Lisa Gadeke
Specialist Research Nurse, Portsmouth Hospitals NHS Trust

Lisa Gadeke is a Specialist Research Nurse in Gastroenterology. Lisa has worked as nurse for over 25 years. She served for 12 years in the Queen Alexandra's Royal Naval Nursing Service, specialising in critical care nursing.

After leaving the Service she has worked in a variety of roles including education, recruitment & retention and workforce development. After a short career gap following the birth of her two children, Lisa joined the Endoscopy team at PHT where she developed an interest in Research. She now works as a part time research in Gastroenterology, with a specialist interest in Barrett’s Oesophagus.
Speakers

Professor Anoop Chauhan
Consultant Respiratory Physician &
Director of Research & Innovation,
Portsmouth Hospitals NHS Trust

Professor Chauhan is a Consultant in General and
Respiratory Medicine and Director of Research and Innovation at Portsmouth Hospitals NHS Trust. He is also a Professor and Chair of Respiratory Medicine at the University of Portsmouth, and an Executive of the Wessex CRN.

He is the Respiratory Lead for the Wessex Academic Science Network, with a mission to improve quality of respiratory care in the Wessex region. He has with colleagues launched the Wessex Asthma Network.

He is Chief Investigator for several multi-centre trials – LASER (www.lasertrial.co.uk), Respect-MESO (www.respect meso.org), and SENSOR.
Dr Robert Lewis
Consultant Nephrologist,
Portsmouth Hospitals NHS Trust

Dr Lewis graduated from the Westminster Medical School, University of London in 1984. His renal training was undertaken at St Bartholomew’s Hospital, Kings College Hospital and Guy’s Hospital. He completed his MD at Guy’s Hospital in 1996. He was appointed consultant nephrologist in 1997 and was Clinical Director of the service 2001-2008.

He is renal specialty lead for the Wessex Research Network. In 2014 he established the Academic Department of Renal Medicine in the Faculty of Science of the University of Portsmouth.

He is currently initiating a number of research projects relating to older people with chronic kidney disease. In 2012 he authored a textbook “Chronic Kidney Disease: a guide for the non-specialist.

He is a member of council for the British Renal Society and was a member of the group which developed 2014 NICE guidelines for management of chronic kidney disease in adults.
Presenter

**Nisa Khan**

Pharmacy Clinical Trials Manager, Portsmouth Hospitals NHS Trust

Nisa Khan is the Pharmacist leading the pharmacy clinical trials services for Research & Innovation at Portsmouth Hospitals NHS Trust. She graduated from the University of Manchester in 2009 and qualified in 2010 working as a ward pharmacist at The Doncaster Royal Infirmary.

In 2011, Nisa worked at The Christie NHS Foundation Trust as a dispensary pharmacist; screening and checking oncology out-patient and clinical trial prescriptions. It was from this experience that she developed an interest in clinical trials and her desire to develop pharmacy out-patient services. Whilst working at The Christie, she completed the Clinical Pharmacy Practice Diploma and soon after completion, Nisa moved to Portsmouth in 2013 to take up her post as the Pharmacy Clinical Trials Manager.
Robert Woolas
MBBS MD FRCS FRCOG
Consultant Gynaecological Oncologist, Portsmouth Hospitals NHS Trust

Following graduation from St. Mary’s Hospital, London Mr Woolas trained in obstetrics and gynaecology and then general surgery prior to entering gynaecological oncology. Following a period of research in the Royal London Hospital and Duke University Medical Centre, North Carolina he graduated from the St. Bartholomew’s Hospital /Royal Marsden Hospital, sub-specialty training programme.

He returned to Portsmouth to found the department of gynaecological oncology in 1997 and in 2001 initiated our participation in the UKCTOCS trial which aims to determine whether currently available modalities of screening for ovarian cancer are effective in preventing mortality. At the time of conception this was the largest randomised controlled trial of a cancer intervention in the world with over 18,000 women recruited to the Portsmouth centre alone.

His long standing interests are related to bio markers and their potential for early detection of ovarian cancer and the paper presented today illustrates how investment in one area of research can also provide important potential leads for other clinical challenges.
Presenter

**Claire Roberts**
Respiratory Clinical Research Fellow, Portsmouth Hospitals NHS Trust

Dr Claire Roberts is a respiratory research fellow at Portsmouth Hospitals NHS Trust since February 2014. She is taking 2 years out of her respiratory training to work in research and is working towards an MD from the University of Portsmouth.

She is currently working on the SENSOR study as well as MISSION severe asthma and MISSION COPD. The SENSOR study is a collaboration between PHT and Aseptika Limited, funded by an SBRI grant.

The study is looking at patients with chronic lung disease to identify ways of detecting exacerbations earlier.
Presenter

**Peter Basford**
Gastroenterology Registrar,
Portsmouth Hospitals NHS Trust

*I'm currently a final year gastroenterology registrar in the Wessex deanery, working at QAH.*

I previously undertook a period of research at QAH/University of Portsmouth examining the use of advanced imaging techniques in endoscopy for the detection and characterisation of early gastrointestinal neoplasia.
Dr Chris Moore was born in Poole in 1963. He won a school prize, the ladybird how to tell the time book, aged 4 for good work in the lower kindergarten. Since then his academic career has been fairly low key. He studied medicine at St Thomas Hospital also gaining a BSc in physiology. Junior doctor jobs took him, far and wide in England, Middlesbrough, Bolton, Southampton and Manchester, whilst academic presentations took him further afield, Argentina, Australia, America and Newcastle, the latter having by far the most distinct local culture, the former having by far the best wine.

From an early age he has had an interest in neurology “mummy when I grow up I be a doctor and make your head better for free”, and has researched plasticity of the nervous system including spinal cord (BSc), brain (PhD), and peripheral nerve (now). He wanted to find a way to get spinal cord to regrow but alas was side tracked into the magical world of Harry Potter; Sorry clinical neurophysiology. He is currently clinical lead for neurophysiology and for MSc research in neurophysiology. He has on-going projects on nerve excitability and its changes with temperature and has recently discovered (with MSc students Hannah Cockerill and Ollie Murs, sorry Marmoy) that low threshold nerves increase iH current with temperature but higher threshold nerves decrease iH current. This has implications for febrile seizures and their treatment and mechanisms of muscle fatigue.

He enjoys cooking and wine appreciation, often at the same time as well as sailing and oil painting not usually at the same time. He has been asked to chair the debate because no one else could be found. Today he will attempt to combine wit with time keeping and to see fair play whilst the behemoths of Lewis and Mellor try to outdo each other in their chosen sport of speaking. (Lewis Mellor and Moore, sounds like the name of a great bunch of ambulance chasers).
Improving Lives Through Excellence

Speaker

Ashley Brooks
National Patient Champion

Having received world class care at the hands of the NHS whilst being treated for Leukaemia at St Bartholomew’s Hospital in Central London Ashley has dedicated his life to celebrate the greatness of the staffs and achievements of the NHS, bringing balance to an unbalanced system, never negative and always positive.

Ashley was asked by Joan Saddler OBE of the Department of Health to create the role of National Patient Champion and to join the team at NHS London in May 2010. As National Patient Champion the role engages with NHS staff and patients alike, creating partnerships and voice.

More and more Ashley is now working with Acute Trusts, Community Services, Mental Health providers and Clinical Commissioning Groups with the remit of patient and staff engagement. Motivating staff based on value based sessions including the “Who Cares” and “5 minutes of wisdom” events.

Largely working with Organisational Development and Human Resources Directors to design, create and deliver large scale culture change programmes throughout the NHS.

Ashley has created a truly independent whistle blowing service for NHS staffs, The Guardian Service. That confidentially gives a safe haven for all staffs to raise concerns and issues. This service has had huge success.
This house believes the annual hospital review is vital to staff moral

Dr Robert Lewis
Consultant Nephrologist,
Portsmouth Hospitals NHS Trust
(refer to page 17)

Peter Mellor
Director of Corporate Affairs
& Business Development
(refer to page 5)
Information Stands

QAH Clinical Outreach Library
CRN: Wessex
CLAHRC
Wessex AHSN
University of Portsmouth
A big thank you to our Research Volunteers who have helped to make this year’s conference such a success

Aba Wood-Andoh
Ben Rimington
Yvonne Silber
Martha Nutkins
Joe Shoebridge
Anouska Derrick
Denise Foord
Carole Fogg
Tracy Booth
Sonia Baryschpolec
Selina Begum
Helen Munday
Jo Kerr
Jan Browning
Laura Marshall
Scott Elliott
Toni Baker
Lisa Hale
Nisa Khan
Carole Wragg
Ania Szefer